

The Diocese of Jamaica & The Cayman Islands

Established 1824

St. Ann's Bay Cure

St. Anne's: 8:00am

FOURTH SUNDAY AFTER EPIPHANY

Year B

January 28, 2024



Theme for 2024

“DISCIPLING THE NEXT GENERATION”

Our Mission

*We are Disciples of Christ making the love of God known through
our witness and service in all we think, say and do*

ORDER OF THE LITURGY

Opening Hymn: We Cannot Measure How You Heal (Winchester)

1. We Cannot Measure How You Heal
Or Answer Every Sufferer's Prayer,
Yet We Believe Your Grace Responds
Where Faith And Doubt Unite To Care.
Your Hands, Though Bloodied On The Cross,
Survive To Hold And Heal And Warn,
To Carry All Through Death To Life
And Cradle Children Yet Unborn.

2. The Pain That Will Not Go Away,
The Guilt That Clings From Things Long Past,
The Fear Of What The Future Holds,
Are Present As If Meant To Last.
But Present Too Is Love Which Tends
The Hurt We Never Hoped To Find,
The Private Agonies Inside,
The Memories That Haunt The Mind.

3. So Some Have Come Who Need Your Help
And Some Have Come To Make Amends,
As Hands Which Shaped And Saved The World
Are Present In The Touch Of Friends.
Lord, Let Your Spirit Meet Us Here
To Mend The Body, Mind And Soul,
To Disentangle Peace From Pain,
And Make Your Broken People Whole.

THE GREETING

Opening Sentence

V. Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

R. And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

OPENING PRAYER

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

Nine Fold Kyrie (See Laminated Sheet)

**Lord, have mercy. Lord, have mercy. Lord, have mercy
Christ, have mercy. Christ, have mercy. Christ, have mercy
Lord, have mercy. Lord, have mercy. Lord, have mercy**

Gloria In Excelsis (See Laminated Sheet)

**Glory to God in the highest,
and peace to His people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the
Father, Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of
the Father: receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

Collect Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

FIRST READING: Deuteronomy 18:15-20 (Andel Lowe)

Psalm 111

1. Hallelujah! Among the just
My heart will give God thanks and praise;
His works are great, studied by all
Who take delight to know his ways.

2. His work is full of majesty,
Enduring splendor, righteousness;
Gracious is he, remember well
His works for they are marvelous.

3. To those who fear him, he gives food;
He shows the power of his hand
As, mindful of his covenant,
He gives to us the Promised Land.

4. His hands work justice, faithfulness,
And his commandments all are sure;
They all are done in equity

And truth, and ever they endure.

5. Redemption and eternal law
He sent us; holy is his Name;
Wisdom begins with fear of God;
His praise endures, always the same.

*All glory to the Father, Son,
And to the Holy Spirit be;
As from the first it was, is now,
And will be for eternity.*

SECOND READING: 1 Corinthians 8:1-13 (Joan Bradford)

Gradual Hymn: CPWI 482, Approach, My Soul (John Newton)

1. Approach, my soul, the mercy-seat
Where Jesus answers prayer;
There humbly fall before His feet,
For none can perish there.

2. Thy promise is my only plea,
With this I venture nigh;
Thou callest burdened souls to Thee,
And such, O Lord, am I.

3. Bowed down beneath a load of sin,
By Satan sorely pressed,
By wars without and fears within,
I come to Thee for rest.

4. Be Thou my Shield and Hiding-place,
That, sheltered near Thy side,
I may my fierce Accuser face
And tell him Thou hast died.

5. O wondrous Love, to bleed and die,
To bear the cross and shame,
That guilty sinners such as I
Might plead Thy gracious name!

Alle- Alle- Alle-

The Gospel: Mark 1:21-28

Alle-, Alle-, Alle-

THE SERMON: Rev. Monique Campbell

Hymn of Response: 549, Hear, O Lord (Ray Repp)

*Hear, O Lord, the sound of my call;
hear, O Lord, and have mercy
My soul is longing for the glory of you.
O hear, O Lord, and answer me.*

1. Every night before I sleep
I pray my soul to take,
Or else I pray that loneliness
is gone when I awake

2. Why do I no longer feel
like I've a place to stay?
O take me where someone will care,
So fear will go away.

3. In you, O Lord, I place my cares
and all my troubles, too.
O grant, dear Lord, that someday soon
I'll live in peace with you.

THE PRAYERS OF THE PEOPLE: Angelique Boreland

Leader: O Lord, give to us and Your whole church the Spirit of wisdom and godly guidance; that we may discern the times in which we live, that we may proclaim with relevance the Gospel in all the world. By Your Spirit empower all who preach, to speak clearly and with vision. We pray for all ministers of the word and of the sacraments. We pray for our bishops: Howard, Leon, Garth and Harold, priests: Monique, Glen and Horace, and deacons. Holy One, hear us.

All: O God, deliver us.

Leader: We pray for rulers and leaders of peoples, that they may have vision and not neglect the responsibilities put on them. We pray for Patrick, Governor-General, Andrew, Prime Minister, Mark, Leader of the Opposition, and all Members of Parliament We pray for all who plan for our future, for scientists, geneticists, research workers and inventors; for those who influence our minds through broadcasting or the press. We remember all who have lost vision, and those who lead others astray. Holy One, hear us.

All: O God, deliver us.

Leader: We give You thanks for those who have revealed Your presence and love to us, for those who guided us into the ways of truth. We pray for those who now influence the minds of our young people: for schools, colleges and universities; for young people who have left home, for those caught up in crime or in drugs. Holy One, hear us.

All: O God, deliver us.

Leader: We remember all who are handicapped, the physically infirmed, the mentally disturbed. We pray for all who are autistic, all who have difficulties in communicating with

others; for those who have lost the power of speech. We remember those whose minds have been disturbed through violence or drugs, all who have been involved with the occult, all caught up with evil. We remember our sick and shut-in...Holy One, hear us.

All: O God, deliver us.

Leader: We give thanks for Your redeeming love and liberating power, that You free us from the powers of evil, sin and death, and open up for us the glory of Your kingdom. We pray for all who have died in faith and are now at peace. May we rejoice with them in Your heavenly kingdom. Holy One, hear us.

All: O God, deliver us.

Silence for personal prayers

All: Holy God, give us a deep insight into Your ways and the ways of the world, that seeing with a clear vision and having the spirit of discernment, we may be able to stand firm for justice and speak out in truth; through Jesus Christ our Lord, who lives and reigns with You, O Father, and the Holy Spirit, one God, now and for ever. Amen.

ACT OF PENITENCE

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT: Let us therefore confess our sins.

ALL: Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE ABSOLUTION

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

FORM A

PRESIDENT

President: We are the body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

President: The Peace of the Lord be always with you

ALL: And also with you.

Offertory: What a Fellowship

1. What a fellowship, what a joy divine,
Leaning on the everlasting arms;
What a blessedness, what a peace is mine,
Leaning on the everlasting arms.

*Leaning, leaning, safe and secure from all alarms;
Leaning, leaning, leaning on the everlasting arms.*

2. O how sweet to walk in this pilgrim way,
Leaning on the everlasting arms;
O how bright the path grows from day to day,
Leaning on the everlasting arms.

3. What have I to dread, what have I to fear,
Leaning on the everlasting arms;
I have blessed peace with my Lord so near,
Leaning on the everlasting arms.

THE PRESENTATION OF THE OFFERINGS:

Father, we offer you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

President: The Lord be with you.

All: And also with you.

President: Lift up your hearts.

All: We lift them up to the Lord.

President: Let us give thanks to the Lord our God

All: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: ... Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL (See Laminated Sheet)

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord,
Hosanna in the Highest!**

Form B

PRESIDENT

Holy and gracious Father,
all creation rightly gives you praise.
All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.

We therefore bring you these gifts,
and we ask you to make them holy by the power of your Spirit,
that they may become the Body and Blood of your Son,
our Saviour Jesus Christ,
who offered Himself in obedience to your will,
the Perfect Sacrifice for all mankind.

On the night He was betrayed,
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples and said:
"Take this and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

After supper He took the cup of wine:
and when He had given thanks, He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
Which is shed for you and for many for the forgiveness of sins.
Do this, whenever you drink it,
For the remembrance of me."

One of the following Acclamation shall be said:

ALL

When we eat this Bread and drink this Cup, we proclaim the death of Christ until He comes again.

Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT

Father, calling to mind the death your Son
endured for our salvation;
His glorious Resurrection and Ascension;
His continual intercession for us in heaven;

and looking for His coming again in glory,
we offer you, in thanksgiving,
this holy and life-giving sacrifice.

Look with favour on your Church's offering,
and grant that we who eat and drink these holy gifts
may be filled with your Holy Spirit
and become one body in Christ.
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and enable us,
in communion with blessed Mary
and the whole company of heaven,
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,
by the power of the Holy Spirit, we worship you,
Father Almighty, with all who stand before you
in earth and heaven in songs of everlasting praise:

ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.

THE LORD'S PRAYER (See Laminated Sheet)

President: As our Saviour has taught us so we pray...

**ALL: Our Father in heaven,
Hallowed be your Name;
Your kingdom come; your will be done
On earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those
Who sin against us.
Save us from the time of trial
And deliver us from evil.
For the kingdom, the power,
And the glory are yours now and forever. Amen.**

THE BREAKING OF THE BREAD: (SEE LAMINATED SHEET)

PRESIDENT: We break this bread to share in the body of Christ.

ALL: **Though we are many, we are one body, because we all share in one
bread.**

THE AGNUS DEI (SEE LAMINATED SHEET)

**Lamb of God, you take away the sin of the world, have mercy on us
Lamb of God, you take away the sin of the world, have mercy on us
Lamb of God, you take away the sin of the world, grant us peace**

*Our Saviour invites all adults baptized in the name of the Father, Son and Holy Spirit
who are walking with Him to come to His table.)*

THE INVITATION:

PRESIDENT: The Gifts of God for the people of God

ALL: Our souls will feast and be satisfied, and we will sing glad songs of praise to him.

HYMNS DURING COMMUNION:

CPWI 621, Take Our Bread (Joe Wise)

*Take our bread, we ask you, take our hearts, we love you;
take our lives, O Father, we are yours, we are yours.*

1. Yours as we stand at the table you set;
yours as we eat the bread our hearts can't forget.
We are the sign of your life with us yet;
We are yours, we are yours.
2. Your holy people standing washed in your blood,
Spirit-filled yet hungry we await your food
We are poor, but we've brought ourselves, the best we could;
we are yours, we are yours

CPWI 840, Be Still, For The Presence (David J. Evans)

1. Be still, for the presence of the Lord,
the Holy One, is here;
come bow before him now
with reverence and fear:
in him no sin is found
we stand on holy ground.
Be still, for the presence of the Lord,
the Holy One, is here.
2. Be still, for the glory of the Lord
is shining all around;
he burns with holy fire,
with splendour he is crowned:
how awesome is the sight
our radiant King of light!
Be still, for the glory of the Lord
is shining all around.
3. Be still, for the power of the Lord
is moving in this place:
he comes to cleanse and heal,
to minister his grace
no work too hard for him.
In faith receive from him.
Be still, for the power of the Lord
is moving in this place.

CPWI 844, Be Still And Know

Be still and know that I am God.
Be still and know that I am God.
Be still and know that I am God.

I am the Lord that healeth thee.
I am the Lord that healeth thee.
I am the Lord that healeth thee.

In thee, O Lord, I put my trust.
In thee, O Lord, I put my trust.
In thee, O Lord, I put my trust.

CPWI 845, Give Thanks With

Give thanks with a grateful heart
give thanks unto the Holy One
give thanks because He's given Jesus Christ, His Son.

*And now let the weak say, "I am strong"
let the poor say, "I am rich"
because of what the Lord has done for us; give thanks*

Ablution Hymn: CPWI 599, Jesu, Gentlest Saviour (Frederick William Faber)

JESU, gentlest Saviour,
thou art in us now,
fill us with thy goodness,
till our hearts o'erflow.

Multiply our graces,
chiefly love and fear,
and, dear Lord, the chiefest,
grace to persevere.

Oh, how can we thank thee
for a gift like this,
gift that truly maketh
heaven's eternal bliss!

Ah! When wilt thou always
make our hearts thy home?
We must wait for heaven;
then the day will come.

POST COMMUNION PRAYER:

All: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and

the whole earth live to praise your Name, through Christ our Lord. Amen.

Recessional: Would You Be Free

1. Would you be free from the burden of sin?
There's pow'r in the blood, pow'r in the blood;
Would you o'er evil a victory win?
There's wonderful pow'r in the blood.

*There is pow'r, pow'r, wonder-working pow'r
In the blood of the Lamb;
There is pow'r, pow'r, wonder-working pow'r
In the precious blood of the Lamb.*

2. Would you be free from your passion and pride?
There's pow'r in the blood, pow'r in the blood;
Come for a cleansing to Calvary's tide
There's wonderful pow'r in the blood.

3. Would you be whiter, yes brighter than snow?
There's pow'r in the blood, pow'r in the blood;
Sin-stains are lost in its life-giving flow—
There's wonderful pow'r in the blood.

4. Would you do service for Jesus, your King?
There's pow'r in the blood, pow'r in the blood;
Would you live daily His praises to sing?
There's wonderful pow'r in the blood.

Prayerful Support

These are our sick and shut-in members. Remember to pray for them as well as those who care for them.

Sick: Fitzgerald Boyd, Cynthia Dexter, Fay Dickens, Dorrell Fletcher, Karl Fuller, Lenworth Garel, Hugh Lyon, Gwen Warren, Leslie Latham, Adonijah Spencer

Shut-in- Hazel Bascoe, Edna Carnegie, Leslene Duncan, Joy Fuller, Hyacinth Grierson, Lillian Graham, Kenneth and Gwendolyn Hamilton, Florence Higgins, Olive Johnson, Desreen Logan, Canon Glenbert & Sr. Shirley Prince, Doreen Reid, Rev. Fr. Horace Richards, Abalda Smith (Bamboo), Myrtle Thomas, Winnifred Simpson

St. Saviour's, Lime Hall

Terrlyn Lugg, Lorraine Royes, Myrtle Trusty, Evelyn Anglin, Eileen Gaynor, Hilda Jones, Winifred Senior, Kingsley Coke, Karlene Brown, Ermine Williams (Kingston), Linet Robinson.

Out of Parish: Aubrey (Bobby) Creary, Lorrel Asher

St Agnes', Priory

Sick & Shut-in: Maudlyn Dyer, Merlene Higgins

Phyllis Rose, Geneva Martin, Minette Jarrett, Gladys Carter.

He heals the broken hearted and supports those who are weary

Reflection

Christianity is not merely a program of conduct; it is the
Power of a new life.

Benjamin B. Warfield

Birthdays: January 28 – February 3, 2024

Claude Graham	28	
Shawn Josephs	29	
Andel Lowe	31	
Joan Bradford	31	(82 year old)
Patricia Wilson	31	
Natalie Brown	3	
Dorian Stewart	3	

WELCOME & NOTICES

1. We ask that you continue to keep safe and share love with others
2. We continue to thank the **Outreach Team and Donors** as they assist the most vulnerable at this time. We continue our collections on first Sundays.
3. We offer prayerful support to Karl Fuller. His sister, Cynthia Crooks has died. We also pray for Maxie Monteith. His brother-in-law died.
4. We offer prayerful support to Novlette Georges. Her mother and uncle died.
5. We are also praying for Jacqueline Buchanan whose brother died.
6. We offer prayerful support to Myrna Jackson. Her sister died.
7. AYF is every Sunday at 5:15pm. Persons 12-25 are invited
8. All adults 20-45 are invited to Millennials Mingle every second Friday at 7pm at St. Ann Parish Church Hall.
9. Evening Bible Study continues on Wednesdays at 6:30pm. Mass and Bible Study are on Wednesdays at 7am.
10. Confirmation classes begin on February 4, at 4p.m. in the church hall.
11. Our Ash Wednesday service is at St. Matthew's, Claremont@9am. This will be our Deanery Day. Please return your Palm Crosses.
12. Deanery Council Meeting is at St. Anne's on Saturday, February 10 at 9:30am. Synod Reps, Deanery Council Reps and Sunday School teachers are expected to be in attendance.
13. Our Cure Meeting is on Saturday, February 24th from 10am- 2pm. All Church Committee Members and Sunday School Teachers are invited. Please confirm your presence by February 19th.
14. A Lenten Spiritual Retreat is on March 1- 3. The cost per person is \$10,000 at The Hillcrest Diocesan Retreat Centre. The Theme: A Faith Journey Through The Book Of Psalms. The Host is The Most Rev. Dr. Howard K. A. Gregory with Presenter: Dr. Paul Thompson.

Fifth Sunday after Epiphany February 4, 2024 (Green)

First Reading: Isaiah 40:21-31 (Margaret Tait)

Second Reading: 1 Corinthians 9:16-23 (WA)

Prayers (Angello Ridley)

Psalm 147:1-12,21c

Gospel: Mark 1:29-39

ST. ANN PARISH CHURCH

Calendar of Events

2024

Lay Reader's Planning	January 20@ 10a.m.
Confirmation Classes Begin	February 4
Games Evening	February 9@ 6:30p.m.
Ash Wednesday Service	February 14@ St. Matthew's at 9:00am.
Cure Meeting	February 20@ St. Anne's (10am-2pm)
Prayer/Fasting Service	March @St. Saviour's Church
Palm Sunday	March 24 @ 7:45a.m.
Maundy Thursday	March 28 @ 6p.m.
Good Friday	March 29@12noon
Easter Day	March 31@6a.m.
Games Evening	April 26@6:30p.m
Shut-In Service	May 5@ 8a.m. (Via Zoom)
Ascension	May 9 @7a.m.
Labour Day	May 23@7a.m.
Pentecost	May 19 @8a.m.
Rally Collections	June 30
Games Evening	July 26@6:30p.m.
Feast of Title	July 28 @8a.m
Confirmation	(tbc)
200 th Anniversary Service	July 21@ the National Arena
Vacation Bible School	July/ August
Emanci-pendence	August 11
Family Outing	August
Family Enrichment	September 28
Harvest Festival	October 6
Retreat	November
Games Evening	November 17@8a.m
Missionary	November 17 @8a.m
Dinner	December 13@6pm
Carol Service	December 15@4:30p.m.
Christmas Day	December 25@6a.m.
Family Service	December 29@8a.m.

St. Ann Parish Church

Office-972-1021

(Mondays, Wednesday and Thursday: 10am—5pm)

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Priest-in-Charge: Rev. Monique Campbell- 972-2305 (rectory)

Rector's Warden– Mr. Maxie Monteith- 876-223-9695

People's Warden– Ms. Nesta Lowe- 876-378-5969

Treasurer-Mr. Eric Smith- 876-383-4997

Secretary-Mr. Errol Dunn- 876-878-4527

Caretaker - Mr. Jeffrey